



American Cancer Society ☞ Children's Defense Fund-New York ☞ Community Service Society of New York  
Empire Justice Center ☞ Institute for Puerto Rican and Hispanic Elderly  
Make the Road New York ☞ Medicare Rights Center  
Metro New York Health Care for All Campaign ☞ New Yorkers for Accessible Health Coverage ☞  
New York Immigration Coalition ☞ Project CHARGE  
Public Policy and Education Fund of New York/Citizen Action of New York  
Raising Women's Voices-New York ☞ Schuyler Center for Analysis and Advocacy ☞ Small Business Majority

June 17, 2016

Maria T. Vullo, Acting Superintendent  
Troy Oechsner, Deputy Superintendent for Health  
John Powell, Assistant Deputy Superintendent for Health  
NYS Department of Financial Services  
One Commerce Plaza  
Albany, NY 12257

**Re: Requested Rate Changes – Capital District Physicians Health Plan – Individual On-Exchange – CAPD-130489765**

Dear Superintendent Vullo, Deputy Superintendent Oechsner, and Assistant Deputy Superintendent Powell:

Health Care for All New York (HCFANY) submits the following comments relating to the Capital District Physicians Health Plan's (CDPHP) proposed 10 percent increase for their 2017 individual rates. HCFANY is a statewide coalition of over 170 organizations dedicated to achieving quality, affordable health coverage for all New Yorkers. We strive to bring consumer voices to the policy conversation, ensuring that the concerns of real New Yorkers are heard and reflected in policy decisions.

HCFANY believes that a robust and public prior approval process is a vital consumer protection, and thanks you for the opportunity to submit comments. The first section below describes our market-wide concerns. The second section describes our specific concerns around CDPHP's rate application.

**I. Market-Wide Issues**

**A. Carriers are not providing sufficient information to justify their proposed rate increases**

HCFANY believes strongly in the public rate review process. Health insurance and health care are a major part of most New Yorker's budgets, and something over which consumers have poor information and limited freedom of choice. Public rate review provides some balance



of power between consumers and carriers, and carriers must be expected to follow both the letter and the spirit of the law. That means providing transparent, reasonable justifications supported by evidence in order to receive rate increases.

Many of the 2017 applications are opaque and rely on hidden assumptions. As described in our May 25, 2016 letter, some carriers inappropriately redacted important information, most notably Affinity, Oscar, Excellus, Fidelis, and Crystal Run. However, other carriers provided a good amount of information—for example, Independent Health's Actuarial Memo was clearly written and explained their assumptions with a reasonable amount of detail. However, almost all of the other applications in both the individual and small group market failed to provide cogent and clear justifications for their rate applications.

The increases requested this year represent millions of dollars for New York's consumers. HCFANY recognizes the need for carriers to make adjustments for legitimate administrative expenses and reasonable medical trend increases. However, most of New York's carriers have failed to provide adequate explanations for their requests. HCFANY urges the Department to scrutinize the carriers' respective actuarial memos closely and provide feedback about the transparency of their assumptions. In particular, the Department should provide clear and uniform guidance to the carriers and the general public about what information should be included in the carriers' actuarial memorandums. Future rate increases should be rejected whenever inadequate information is provided in the carriers' actuarial memorandums.

#### **B. The 2017 risk pool will likely be the healthiest yet**

The 2017 risk pool is likely to be healthier than prior years for two reasons: (1) younger and healthier people will be enrolling in plans because of the increased individual mandate penalty; and (2) the impact of the Basic Health Plan has essentially already been incurred.

First, the marketplace can expect an infusion this year of healthier and younger enrollees, including so-called “young invincibles,” who may have been willing to bear the modest tax penalties through 2015 but, when faced with a more than doubling of the maximum penalty (to \$695 per adult individual, \$2085 per family) for 2016. Those who paid the penalty for 2015 and thus became aware of the increased penalties for 2016 and beyond are likely to migrate into the marketplace during the next open enrollment period, improving the risk balance in the market. This was the effect of the increased tax penalties in Massachusetts in 2007.<sup>1</sup> We should expect a similar effect in New York.

Second, the Department should not allow three carriers to take their requested marketplace-wide adjustments for the impact of migration of many New Yorkers from the

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<sup>1</sup> The Importance of the Individual Mandate – Evidence from Massachusetts, <http://www.nejm.org/doi/pdf/10.1056/NEJMp1013067>, at 295.



individual market to the Basic Health Plan (Essential Plan) program.<sup>2</sup> In some cases, these adjustments amounted to as much as a 3.6 percent increase in morbidity. Most plans already made an even higher adjustment of 4.3 percent (based on an earlier Deloitte Report commissioned by the Department) when they filed their 2016 rate applications. Accordingly, nearly all plans should have an adjustment for the roll out of the Basic Health Plan already factored into their base index rates for their 2017 projections. In recognition of these prior adjustments, the Department should direct plans to address the impact of Basic Health Plan by removing the claims of these members as they build their initial index rates. This process should have occurred in advance of the Marketplace adjustments, consistent with the directions provided to the carriers in advance of this year's prior approval process. It should be noted that several plans did not seek another morbidity adjustment for the Basic Health Plan in their 2017 requests (*see, e.g.* MetroPlus).

HCFANY urges the Department to consider that these market-wide factors mean that the New York individual market risk pool will likely be its healthiest and ensure that the 2016 premiums are set accordingly, with reductions, rather than increases, based on projected morbidity.

### **C. Medical trend is increasing slowly and should be more standardized.**

Medical costs are increasing at a slower rate than before the enactment of the Affordable Care Act. For 2017, the Milliman Medical Index projects an increase in medical costs of only 4.7 percent overall.<sup>3</sup> This is the lowest annual increase since the index was first calculated in 2001. PriceWaterhouse Cooper's Health Research Institute projects an increase in medical costs of 6.5 percent for 2016.<sup>4</sup> Accordingly, an appropriate medical trend adjustment for 2017 should be somewhere between 4.7 and 6.5 percent.

For the most part, however, the New York 2017 rate filings include estimates that are much higher than these national expert estimates. (*See, e.g.*, Empire 12.5 percent, Affinity 9.1 percent, United 9 percent and CareConnect 8 percent). In addition, carriers filed medical trends that vary widely, meaning that some plans are asking for much larger increases than other plans in New York: the individual market applications' trend range from 3.5 percent (MetroPlus) to 12.5 percent (Empire) and the small group market applications' trend range from 4.3 percent (MetroPlus) to 12 percent (Aetna).

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<sup>2</sup> *See, e.g.*, Empire, Excellus, HealthFirst, HIP, Actuarial Memoranda citing a non-public New York State Market Wide Risk Adjustment Simulation prepared by Wakely Actuarial for the New York State Department of Financial Services. *See, also*, Oscar and United Healths Plan Exhibit 18 seeking second year adjustments for the Basic Health Program.

<sup>3</sup> Chris Girod et al., "2016 Milliman Medical Index," at 15. May 25, 2016, <http://www.milliman.com/uploadedFiles/insight/Periodicals/mmi/2016-milliman-medical-index.pdf>. Their estimates by type of service are: 4.2 percent for inpatient, 5.5 percent for outpatient, 2.5 percent for professional services, and 9.1 percent for pharmacy.

<sup>4</sup> Health Research Institute, "Medical Cost Trend: Behind the Numbers 2016," June 2015, <http://pwchealth.com/cgi-local/hregister.cgi/reg/pwc-hri-medical-cost-trend-2016.pdf>.



New York State should require greater standardization amongst the plans being sold on the New York State of Health (NYSOH) Marketplace. Carriers have some control over the two primary components of medical trend, which are prices and utilization. While there are differences in the circumstances carriers face within New York State and within a standard structure like the NYSOH, the large variation in medical trend projections indicates either that some of the plans are not managing medical trend as well as others, or that plans are not basing projections on appropriate data. On prices, for example, carriers can negotiate favorable contracts. However, the largest plans which are presumably in the best position to negotiate for lower prices, are projecting some of the biggest increases in medical trend (for example, Aetna in the small group market and Empire in the individual market).

Assertions about increases in utilization should be scrutinized carefully. There is no convincing reason that the 2017 individual or small group pool will be less healthy than the 2016 pool or need more health services. In fact, as described earlier, the pool is likely to be healthier than ever. There was no large change in the insured rate compared to the first years of ACA implementation. Inpatient hospital utilization, the biggest component of medical claims, has been decreasing for years and experts at Milliman suggest that there is unlikely to be any increase in 2017.<sup>5</sup> Additionally, some of the state's payment and delivery system reform efforts should start to pay off in 2017 through decreases in utilization. Many of the quality improvement efforts underway through the State's DSRIP and SHIP programs, for example, will benefit everyone who uses the associated hospitals without requiring an investment from carriers.

Projected increases in pharmacy utilization and prices are of special concern. Several carriers suggest that new expensive drugs will drive up both costs and utilization. Many of those same carriers requested (and received) rate increases last year in response to the new Hepatitis C drugs, yet offered no evidence that these drugs were actually approved for use by their members. Indeed, independent evidence is to the contrary. New York's Attorney General recently investigated and reached a special agreement with seven of the plans requesting increases this year to over their failure to fairly cover Hepatitis C treatment, and is suing an eighth, Capital District Physicians' Health Plan.<sup>6</sup> Moreover, those carriers who received increases because of the Hepatitis C drugs last year should not receive an increase for a second year, absent specific evidence of increased utilization by their memberships.

We urge the Department to carefully scrutinize the filings of plans with outsized medical cost trend projections in light of their filings in prior years as well. It seems clear that some have over-estimated anticipated costs in the past, leading to their failure to meet either projected or statutory minimum medical loss ratios, and an obligation to refund premium overpayments to their enrollees. The methodology of those plans should be treated with particular skepticism.

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<sup>5</sup> Chris Girod, at 14.

<sup>6</sup> Press Release: A.G. Schneiderman Announces Major Agreement With Seven Insurers to Expand Coverage of Chronic Hepatitis C Treatment for Nearly All Commercial Health Insurance Plans Across New York State, April 26, 2016, <http://www.ag.ny.gov/press-release/ag-schneiderman-announces-major-agreement-seven-insurers-expand-coverage-chronic> and Ed Silverman, "New York attorney general sues insurer for restricting hepatitis C drugs," April 18, 2016, *Stat*, <https://www.statnews.com/pharmalot/2016/04/18/hepatitis-drug-prices-gilead-merck/>.



They should be requested to explain to the Department both how their past projections have proved so unreliable and how their methodology has changed.

**D. Administrative costs should be decreasing and should be more standardized**

Administrative costs range widely from 8.4 percent (MetroPlus) to 28.7 percent (Oscar) in the individual market and 9.6 percent (MetroPlus) to 27.5 percent (Crystal Run) in the small group market. Generally, administrative costs should be decreasing. As HCFANY argued last year, the New York State of Health site greatly eases the administrative burden on plans because New York State conducts marketing, outreach, and enrollment for all of the plans that sell there. Carriers have had several years of experience with the changes required by the ACA and should by now have fully developed systems for managing those plans.

A few carriers mention decreasing administrative costs in their applications as part of discussions on their strategies for keeping rates low. HCFANY believes that there should be much more emphasis on this strategy by all plans, and that plans requesting rate increases (especially large, double-digit increases) should provide a detailed discussion of their efforts to keep administrative costs down.

Additionally, carriers should provide more information about the components of their administrative spending. Analyzing the variances between spending on things like executive salaries, commissions, advertising, government relations, processing appeals, and utilization management would allow for more meaningful comments. A related consideration ought to be whether plans are accumulating excess reserves which might more appropriately be applied to premium reductions.

**E. The Medical Loss Ratio requirement should be a floor, not a goal, and plans should honor the requirement before requesting increases.**

HCFANY believes that the 82 percent minimum medical loss ratio (MLR) required by New York State should be a floor, not a goal. A number of plans in both the individual and the small group market did set goals above 82 percent this year, but HCFANY urges the Department to closely review the submissions of those carriers that project MLRs of only 82 percent or slightly above, and especially those carriers that failed to provide an estimate in their public applications (which includes Excellus, HIP, MVP, and Fidelis).

Carriers who have failed to meet medical loss ratios over the years should not be eligible for increases this year. The Department should carefully review their applications for an assessment of whether their premiums are either too high or they are paying too little on medical claims, or both. For example, in the individual market, Affinity and Empire failed to meet the 82 percent minimum in both 2014 and 2015. (Affinity's MLR in 2014 and 2015 was 58 percent and 77 percent, respectively; Empire's MLR was 79 percent in both years). In the small group market, Capital District Physicians Health Plan, Empire, Healthfirst, and Oxford failed to meet the statutory MLR in both years. Other plans have failed to meet the MLR in one year or the



other. None of the plans offer any discussion about why that failure occurred or how they will improve in their rate filings. This failure demonstrates either poor stewardship of consumers' premium dollars or previous rate increases granted upon inappropriate data and assumptions. Therefore, these plans should not be eligible for rate increases in 2017.

## **F. Carriers with small provider networks should do more to decrease rates.**

Although HCFANY does not endorse narrow networks and has serious concerns about consumers' inability to find appropriate care within the networks in which they are enrolling, it is clear that insurers have been engaged in concerted efforts to create narrow networks, particularly for marketplace products. The overall size of networks in New York State is small: 39 percent were classified as small in a 2015 study that looked at silver-level plans, meaning that the network included only 10 to 25 percent of area physicians.<sup>7</sup> Very few plans made any adjustment for the size of their provider networks, but it is likely that overall network size has been decreasing in New York's market as it has nationally.

Carriers which have reduced their networks should likewise be reducing their premiums charged to consumers consistent with their network reductions. For example, the Kaiser Family Foundation estimates that the smallest networks can save carriers 20 percent.<sup>8</sup>

Overall, the Department should require carriers to provide much more information about their changes in network size from year to year. Carriers should also be required to identify those products that use narrow networks when requesting increases. Consumers are unable to judge the size of networks before purchasing plans and therefore cannot make meaningful decisions about the tradeoffs between network size and premium expense. This means that the Department has to be especially vigilant about this aspect of rate setting.

Each carrier filing must be considered in the context of the above mentioned environmental factors. Our specific concerns about CDPHP's rate application are described below.

## **II. Specific Issues in CDPHP's Rate Application**

### **A. Initial Rate Index**

The Initial Index Rate factor for CDPHP of \$651.13 is higher than all of the other individual market applications filed with the Department for the 2017 plan year. This rate is more than 40 percent higher than the average base rate (\$455.78) for New York State of Health's

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<sup>7</sup> Leonard Davis Institute of Health Economics, "State Variation in Narrow Networks on the ACA Marketplaces," August 2015, <http://ldi.upenn.edu/sites/default/files/rte/state-narrow-networks.pdf>.

<sup>8</sup> Gary Claxton and Larry Levitt, "What to Look for in 2017 ACA Marketplace Premium Changes," Kaiser Family Foundation, May 5, 2017, <http://kff.org/private-insurance/perspective/what-to-look-for-in-2017-aca-marketplace-premium-changes/>.



marketplace carriers. Because CDPHP's base rate is so high, the Department should highly scrutinize any further proposed rate increase by CDPHP.

A further rate increase of 10 percent will exacerbate CDPHP's prices relative to the competition. Moreover, any additional increase will result in an undue financial burden for consumers, as they are already paying a top dollar premium. The Department should carefully consider this high initial index rate as it reviews CDPHP's application.

## **B. Medical Trend**

CDPHP anticipates a medical trend of 8 percent for the 2017 plan year. Although this is only slightly higher than the statewide average of 7.2 percent, there are many similarly situated plans that anticipate a lower medical trend, including Independent Health Benefits Corporation (4.79 percent) and the New York State Catholic Health Plan (6.3 percent) that also offer products in upstate counties. CDPHP anticipates increases in the use of medical technology, genetic testing and imaging, and the use of specialty drugs to treat conditions such as Hepatitis C.

In their 2016 rate application, CDPHP cited the same reasons for the increase in medical trend, which resulted in an approved a medical trend of 7.25 percent. Further, CDPHP offered no support in their 2017 Actuarial Memo that they are actually authorizing more of these services. In fact, a recent lawsuit was filed against CDPHP by New York State Attorney General Eric Schneiderman, which alleges that CDPHP unlawfully restricted coverage of treatment for chronic Hepatitis C infection.<sup>9</sup>

CDPHP should not be allowed to double dip and request an increase for the same expenses their 2016 rates were already adjusted for, especially in light of the fact that CDPHP allegedly was not approving the drugs, which was the purported justification for last year's rate hikes. Consumers have already been paying an increased premium for these specialty drugs in the 2016 plan year and may have not even had access to them. Therefore, no further increase should be granted on this basis. For these reasons, HCFANY urges the Department to carefully review CDPHP's requested medical trend.

## **C. Net Income to Net Premium Ratio**

HCFANY also reviewed CDPHP's financial documents in the 2017 rate review process. While HCFANY recognizes that CDPHP has a reasonable medical loss ratio and a relatively sick population compared to other plans, CDPHP also had a net income to net premium ratio of 5.7 percent in the 2015 plan year.

The net income to net premium ratio compares how much money an insurer took in overall after expenses to how much an insurer received in premiums. This gives us a single

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<sup>9</sup> A.G. Schneiderman Lawsuit Accuses Health Insurer CDPHP Of Unlawfully Denying Coverage of Hepatitis C Treatment, Press Release, April 14, 2016, available at <http://www.ag.ny.gov/press-release/ag-schneiderman-lawsuit-accuses-health-insurer-cdphp-unlawfully-denying-coverage>.



number that makes it easy to understand the profitability of an insurer. This is significant information for consumers to have because premiums are not the only source of income for an insurer; insurers also receive income from investments.

For-profit insurers typically have a net income to net premium ratio of three to five percent. CDPHP, a not-for-profit insurer, has a ratio of 5.7 percent. As a not-for-profit business, CDPHP has an obligation to pass these financial gains onto consumers in the form of rate *decreases*.

With CDPHP having such a high net income to net premium ratio, even a relatively modest rate adjustment of 10 percent is unreasonable and would be an undue hardship for consumers. HCFANY therefore urges the department to carefully review CDPHP's 2017 rate application.

### III. Conclusion

HCFANY urges the Department to closely review CDPHP's application in light of the issues described above. Thank you for your attention to these comments. Please contact me with any questions at [adunker@cssny.org](mailto:adunker@cssny.org) or 212-614-5312.

Sincerely,

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